



Closed Small Group ASSESSMENT FORM

These are closed groups of 6 - 8 survivors only (not partners), so it is always the same people and the same counsellor for up to 8 weeks, **you would need to commit to attend the whole course.** There will be a small voluntary contribution towards the cost (£5 per week - Tell us if this is a problem). This would be on a separate day from the main group and you can still attend the main group.

Personal Details

Name:	D.O.B:
Address:	Phone:
	Mobile:
	How would you like us to contact you?
E-Mail:	

Counselling / Therapy History

Are you currently undergoing any form of counselling or therapy? YES NO

Have you had and form of counselling or therapy in the past? YES NO

If yes, please give details:

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Medical History

Are you taking any prescription drugs or receiving any other treatment? YES NO

Have you ever been diagnosed with any mental health problems? YES NO

If yes, please give details:

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